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Ground meat in savory ways



The meat grinder is an aid to cooking tough meat



Crumbs and thick sauce are good binders for meat loaf



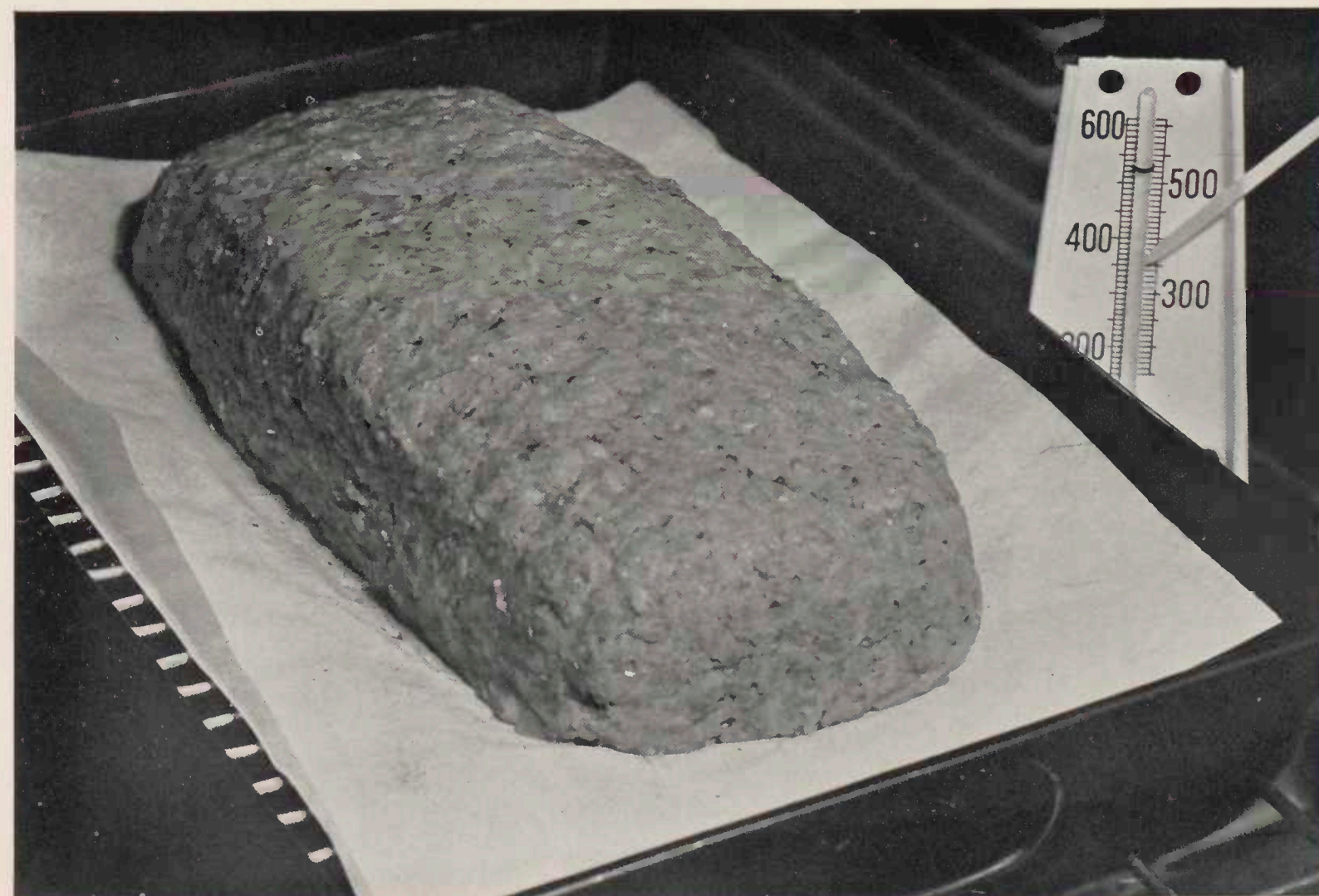
Broiling ground beef on toast



Mold the loaf on tough paper



Hamburg steak on onion rings ready for the broiler



Bake meat loaf in an open pan in a moderate oven (350° F.)

After grinding less-tender meat you can broil or roast it
as if it were tender